



RETURN TO PLAY PHASES

If you are not comfortable with returning to play, DON'T.



INTRODUCTION

As of July 30, 2020, the Oakville Soccer Club has moved into Phase 2 of Ontario Soccer Return to Play.

The Oakville Soccer Club has created Return to Play Guidelines for all Club stakeholders regarding directions for a safe and responsible return to the soccer field. This Plan was created in line with protocols enacted by the Provincial Government, health officials and Ontario Soccer.

This plan addresses the second phase of Return to Play. Additional guidelines will follow as the pandemic situation evolves. This document is subject to change at any time. The information contained in this document is not intended or implied to be a substitute for professional medical advice. All content is provided for general information purposes only. The Oakville Soccer Club assumes no responsibility for the completeness of this information. **Please note that this document is subject to change at any time.**

OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



Pine Glen Soccer Centre Re-Opening & Usage Guidelines

1) EXTERNAL USER GROUPS

- User groups are permitted to utilize the indoor facility fields only with the group of players registered with Pine Glen Soccer Centre upon agreement of the rental dates and times
- Each user group will have to submit a list of players that will be part of their soccer bubble. Players listed will be the only people permitted to play during rentals.
- User groups are not permitted to engage in modified games with other teams from within the Club or outside the Club. For Phase 2 your “soccer bubble” is just your group despite the government allowing gathers of 100 people.
- All potential field rentals must be paid for and committed to before any rental takes place. The head contact for each user group will be in charge of communicating and handling all rental commitment and fees.
- Players must practice social distancing while not engaging in game play, and should limit physical interaction during rentals where possible
- Masks are **required** while entering/exiting the facility - masks are **not required** during the allotted rental time for each user group if wearing a mask adds to the comfort level of individual players, it should not be discouraged.
- **User groups should discuss with their players and see what works best for their group to ensure the comfort level of all players.**

2) OSC TEAMS AND PROGRAM GROUPS

- Sessions will only take place at the fields assigned by the Club. All users are to enter and exit fields as designated by OSC – no exceptions.
- Please refer to OSC’s Return to Play plan and program outlines for information specific to each program/player group.
- Spectators are not permitted in the facility unless specified for that program by OSC.

3) COMMON AREA USEAGE AND RESTRICTIONS

- Rentals will only take place at the fields assigned by the Facility Manager. All users are to enter and exit fields as designated by OSC – no exceptions.
- The facility is closed to the general public and non-user groups until further notice.
- Lobby area is closed and inaccessible.
- There will be no front desk access (registrations, phones, general inquiries are unavailable)
- All change rooms in the facility are closed.
- Washroom access is available but limited. A portable washroom facility is available outside of each field. Field C users will access indoor washrooms, limited to two persons at a time.
- The North and East corridors will be inaccessible past the washrooms.
- Water fountain is inaccessible.
- Field access to other quarter fields will be closed off so there is no interaction with other user groups.

OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



4) RENTAL GROUPS - USER FORMAT AND FIELD MANAGEMENT

- All rentals will take place in Pine Glen Soccer Centre.
- Rental availability will be managed by Facility Management, if any questions or comments come up, the lead contact will have to contact facility management.
- Rental time will be sold on an hourly basis with 15-minute intervals after each rental is complete for proper cleaning at each field.
- Each quarter field will have their own entry and exit points by utilizing and will be assigned by Facility Management. Please see Appendix A.
- User groups must exit the field immediate at the end of their designated time.
- As per municipal by-laws, a face covering/mask must be worn by all individuals while not on the field of play.
- Users should arrive in the appropriate attire. **Clothing changing on the field is not permitted.**
- A **field marshal** will be appointed to ensure compliance with social distancing rules and safety protocols. The field marshal should be a recognized authority within the soccer organization and has the final ruling on access/usage in the event of a disagreement.
- Hand sanitizer will be available at the field entry/exit points. All persons entering the field must hand sanitize before entering and exiting.
- Each participant must commit to the requirements set out in this document for each training session – noncompliance will not be tolerated.
- Spectators are not permitted on the sidelines of the field. This includes unattended children/those not participating in program.

5) OSC PROGRAM GROUPS - USER FORMAT AND FIELD MANAGEMENT

- All rentals will take place in Pine Glen Soccer Centre.
- All fields will be assigned by the Club. Time slots and field allocations are non-negotiable. Each quarter field will have their own entry and exit points by utilizing and will be assigned by Facility Management. Please see Appendix A.
- Coaches/program leads will be responsible for player entry/exit within their assigned times.
- User groups must exit the field immediate at the end of their designated time.
- As per municipal by-laws, a face covering/mask must be worn by all individuals while not on the field of play.
- Users should arrive in the appropriate attire. **Clothing changing on the field is not permitted.**
- A **field marshal** will be appointed to ensure compliance with social distancing rules and safety protocols. The field marshal should be a recognized authority within the soccer organization and has the final ruling on access/usage in the event of a disagreement.
- Hand sanitizer will be available at the field entry/exit points. All persons entering the field must hand sanitize before entering and exiting.
- Each participant must commit to the requirements set out in this document for each training session – noncompliance will not be tolerated.
- Spectators are not permitted on the sidelines of the field unless specified by the Club/program details. For programs that permit spectators for young age groups, one adult guardian is permitted on the field and must stay in their designated spectator area. Seating will not be

OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



provided and spectator benches are not to be used. **Siblings/non-participating children are not permitted – no exceptions.** As per municipal by-laws, spectators must wear a mask at all times while indoors.

6) EQUIPMENT

- Each user group/OSC player must bring any equipment required for their rental/timeslot/program (including soccer balls unless otherwise specified).
- OSC will not be providing any equipment to user groups except for 2 socially distant benches and 2 quarter field soccer nets – no exceptions.
- Players should bring their own water bottles for hydration. Please note that a water fountain is not available.
- Lost and found will not be available – any items left behind will be disposed of.

5) USER ARRIVAL/DEPARTURE PROTOCOLS

- Players must arrive/depart at their designated entry/exit point.
- Users will not be permitted onto the field until 5 minutes prior to their designated timeslot.
- Anyone not listed on the user group list of players submitted by the user group lead contact will not be permitted in the facility. **Spectators are not permitted inside the training area.**
- Physical distancing (2m) must be maintained while waiting for sign in/field entry.

5.) FIELD MARSHAL

- An assigned Field Marshal (FM) will be at the entry point of each field.
- The FM will sign players in and complete the contact tracing form at **each session.** External user groups must provide a contact tracing form of all participants that will be on the field prior to their rental time.
- Will assist with ensuring the physical distance is respected during rental
- The Field Marshal is the final say at the field regarding any discrepancies in protocols. Please respect the decisions and directions of the Field Marshal.

6.) CONTINUOUS RE-EVALUATION AND IMPROVEMENT

- This plan will require regular review and updating as COVID-19 prevention/protection measures evolve.
- Changes will be communicated to club members by e-mail and social media as soon as possible so changes can be applied.

OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



ROLES AND RESPONSIBILITIES ON THE FIELD

The following roles and responsibilities are **mandatory** for all staff, coaches, players, parents, guardians, etc.

DO NOT ATTEND THE FACILITY OR CHAPERONE A PLAYER TO THE FACILITY IF YOU OR A MEMBER OF YOUR HOUSEHOLD ARE EXHIBITING ANY OF THE SYMPTOMS OF COVID-19. ANYONE EXHIBITING ANY OF THE FOLLOWING SYMPTOMS WILL BE ASKED TO LEAVE THE FACILITY IMMEDIATELY AND SESSIONS WILL BE CANCELLED.

- Fever above 38 degrees Celsius
- A new cough, or worsening chronic cough
- Sore throat
- Runny nose
- Headache
- A new onset of fatigue
- A new onset of muscle pain
- Diarrhea
- Loss of sense of taste
- Loss of sense of smell
- In children, purple markings on the fingers and toes
- Have been in contact with someone with COVID-19 in the last 14 days?
- Has anyone in your household travelled in the past 14 days?

FIELD MARSHAL RESPONSIBILITIES

- Communicate protocols to staff and players when necessary.
- Greet the players at the entrance area to the field zone.
- Before and after each group arrive for the rental, the designated field benches and check in table at field must be sanitized.
- Take attendance by filling out contact tracing log & complete player health assessment.
- Ensure that all players who enter the field disinfect their hands
- Refuse any player from training if they are showing symptoms of COVID-19 or non-compliance with the Club protocols outlined in this document.
- Submit the contact tracing log & health assessment information to the Club.
- Ensures that health rules and regulations are respected.
- Maintain a first aid bag and PPE items.

OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



RENTAL USER GROUP HEAD CONTACT

- Must follow all provincial health guidelines priority is to ensure a safe environment at all times.
- Responsible for payment and contract signing prior to the first rental. Payment is to be made over the phone with credit card or acceptable debit cards.
- No cash or cheque payments.
- Manage players to ensure compliance with instructions and social distancing.
- Ensure players only use their own equipment.
- Refuse any player from participating if they are showing symptoms of COVID-19 or non-compliance with Club protocols outlined in this document.
- Face masks during field entry/exit is required.
- Spitting is not permitted
- Cover your mouth and nose with your arm or a tissue to reduce the spread of germs. Remember if you use a tissue, to dispose of it as soon as possible and wash your hands afterwards. Ensure all discarded materials (tissues, wipes, sock tape etc.) are placed into an approved garbage receptacle.
- Responsible for the safe exit of players at the end of the session via designated exit point.

PLAYER

BEFORE RENTAL/SESSION

- Arrive no more than 10 minutes prior to the start of your session to ensure safe arrival/departure for all.
- Face masks during field entry/exit is required. Players do not have to wear masks during training session but are permitted to do so if they wish.
- Complete the symptoms checklist before leaving the house. If you have any symptoms, please stay home.
- Do not bring/share food or snack items.
- Stay in your designated field space at all times unless otherwise told by OSC staff or FM
- Do not spit at any time.
- No high fives, handshakes, fist bumps etc.
- Make sure your hands are sanitized before entering the field.
- Make sure all personal equipment is sanitized before/after your rental time.
- As per municipal by-laws, a face covering/mask must be worn at all times while indoors.

DURING RENTAL

- Do not make intentional physical contact with other players (*no handshakes, high fives, etc.*)
- Do not share personal equipment (soccer ball, water bottles, towels).
- Avoid using your hands directly to pick up the balls. No throw-ins will be practiced.
- Keep your personal belongings in your designated space at all times.



OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN

- Public water fountains will be closed.
- Cover your mouth and nose with your arm or a tissue to reduce the spread of germs. Remember if you use a tissue, to dispose of it as soon as possible and wash your hands afterwards. Ensure all discarded materials (tissues, wipes, sock tape etc.) are placed into an approved garbage receptacle.
- Do not spit at any time.
- Immediately let your head contact know if you are not feeling well during the session.
- As per municipal by-laws, a face covering/mask must be worn at all times while indoors.
- **Non-compliance with directions set out in this document will result in a player's immediate removal from the session and the training program without refund. These strict protocols are in place for the safety of all participants; non-compliance will not be tolerated.**

AFTER RENTAL

- Leave the field immediately after your session at the designated exit point.
- Sanitize your hands after coming off the field.
- All players should leave the field immediately after your rental through a designated exit point. No congregating or social activity will be allowed for the safe arrival/departure of all players.
- Do not spit at any time.
- Face masks during field entry/exit is required.
- As per municipal by-laws, a face covering/mask must be worn at all times while indoors.

CONCLUSION

OSC recognizes that there are many social, emotional, and physical benefits that soccer provides for players and we can't wait to get back on the field. Returning to Play must be done methodically and in a manner that emphasizes the health and welfare of all players, coaches and staff. All players and parents must be aware there may be risks associated with Returning to Play and must understand the transmission routes of COVID-19 - they must assume this risk and liability. As such, all waivers must be agreed to by parents/players before participating in any Return to Play activities. As the global and local situation evolves, the Oakville Soccer Club will move deliberately and with caution, keeping in mind that we are all eager to get back to the game we love.

If anyone has questions at any time please feel free to contact the Club info@oakvillesoccer.ca

OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



Appendix A - EMERGENCY ACTION PLAN

PHASES	EMERGENCY ACTION PLAN
DESIGNATED EAP LEAD	<p>In the event a member tests positive for COVID-19, please ensure communication is immediately made to the Club's EAP Lead</p> <p>Katryna Indewey kindewey@oakvillesoccer.ca 905-869-5385</p> <p>The EAP Lead will immediately communicate with the Board of Directors</p>
COMMUNICATION TO EAP LEAD	<p>The EAP Lead must be immediately contacted when the following occurs:</p> <ul style="list-style-type: none">• A member tests positive for COVID-19• A member was exposed to someone within the last 14 days who tested positive for COVID-19
CONFIRMATION OF A POSITIVE CASE NOTIFY LOCAL HEALTH OFFICIALS AND CLOSE CONTACTS	<p>In accordance with privacy and confidentiality laws and regulations, the Club will immediately notify appropriate local health officials, Club staff, team officials and members (families) of any case of COVID-19 while maintaining confidentiality.</p> <p>OSC will use a Contact Tracing Log and a communication plan to notify all close contacts should there be a reported case of COVID-19. This log will be kept on file for a minimum of 6 weeks and used at all OSC activities to trace all members, including pick-up and drop-off.</p>
SYMPTOM MANAGEMENT DURING AN OSC SESSION	<p>A member at any Club activity who EXHIBITS COVID-19 symptoms as per the symptom checklist) must immediately be separated and isolated at the Club's designated pick-up area. In the event the participant is under 18, a field marshal or staff member will wait with the player following physical distancing rules. A field marshal or coach will contact the family to arrange an immediate pick up. If an ambulance must be called, they must be notified that the person may have COVID-19.</p> <p>Members who had close contact with the person must be separated and sent home as well. Members may not return to training until a negative test result or 14 days after the symptoms have stopped.</p>

OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



PHASES

EMERGENCY ACTION PLAN

CLEAN AND DISINFECT	Immediately after symptoms or a sick person has been confirmed, the training area and equipment must be closed off. The area and equipment must be immediately disinfected and safely stored away after for later use. It is to be noted that equipment will be cleaned and disinfected before and after each session.
---------------------	--

*A member is defined as: a player, coach, match official, guardian/parent/spectator, staff member or board member.

Appendix B - Contact Tracing Log

The information on this document will be collected to assist in the management of the COVID-19 pandemic. This information will be kept secure and will be provided to Ontario Health Services if required. The Club will not use this information for any other purpose and will destroy this record after six weeks.

OAKVILLE SOCCER CLUB - Contact Tracing Log					
Field Location			Date		
Player Full Name	Email Address	Phone Number	Health Assessment Completed Y/N	Time In	Time Out

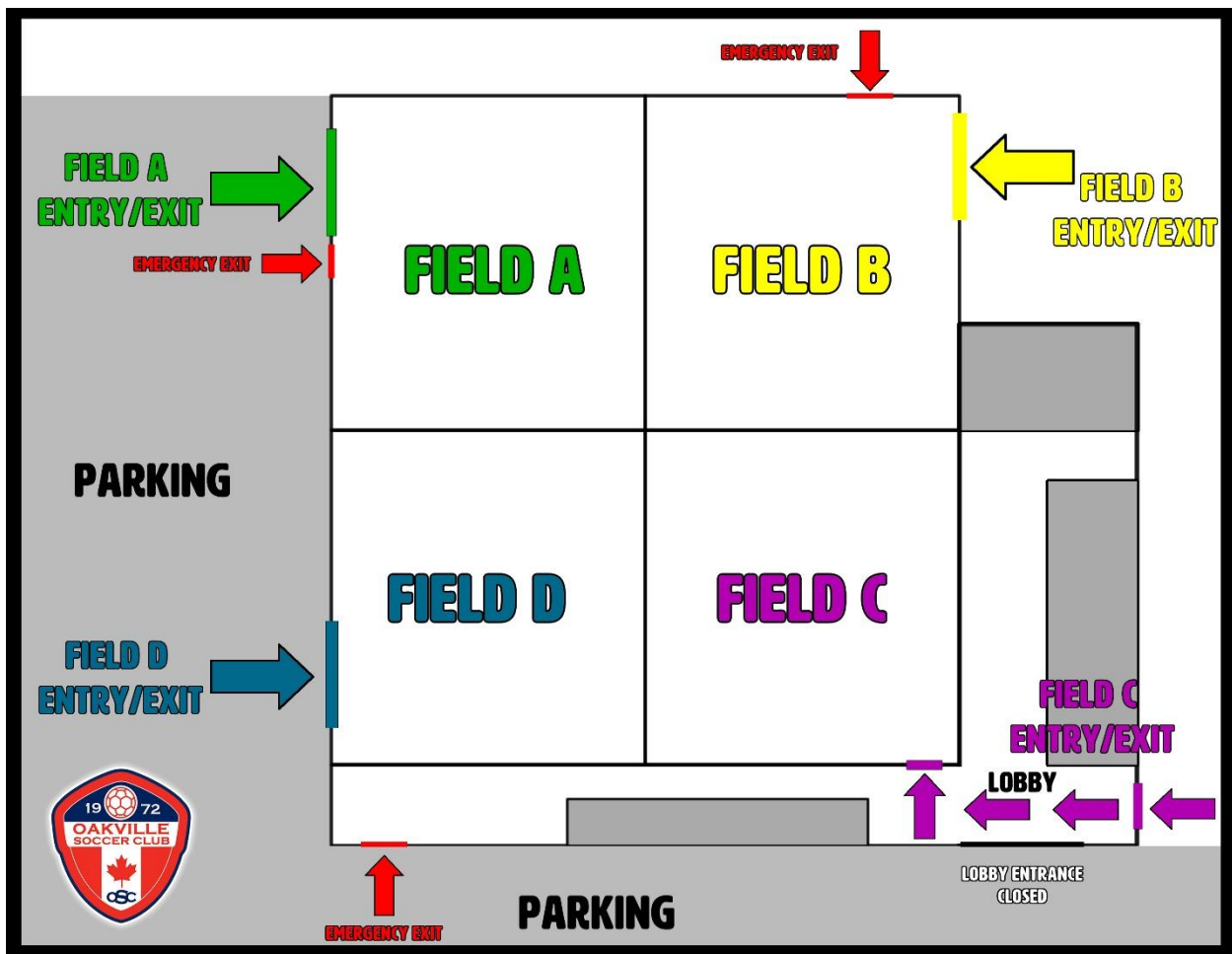
OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



Appendix C

PINE GLEN SOCCER CENTRE INDOOR FIELD MAP DESIGNATED ENTRY/EXIT POINTS



OAKVILLE SOCCER CLUB

PINE GLEN SOCCER CENTRE FACILITY USAGE PLAN



RESOURCES

[Public Health Ontario – COVID-19 Contact Tracing Resources](#)

[Ontario Soccer Return to Play Guide](#)

Return to Play Waivers: [Declaration of Compliance](#), [Informed Risk and Assumption of Risk Agreement \(Under the Age of Majority\)](#), [Release of Liability](#)

[How to wash your hands \(child focused\)](#)

[How to clean your hands with soap and water or alcohol-based hand rub](#)

[Keep your family healthy](#)

[Cleaning and disinfecting public spaces](#)

[Non-medical masks and face coverings](#)

[How to self-monitor](#)