



OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK

INTRODUCTION

The Oakville Soccer Club has created these Return to Play Guidelines for all Club stakeholders regarding directions for a safe and responsible return to the soccer field. This Plan was created in line with protocols enacted by the Provincial Government, health officials and Ontario Soccer. Please note that OSC will implement mandates as the Club sees fit, which may see the removal of scrimmages/team play when the Club deems appropriate.

OSC will operate all indoor and outdoor programming in accordance with Ontario Soccer and the Government of Ontario directives. These directives, as they relate to the public health and safety, will form the foundation of this Return to Play Guide, three (3) phase process. OSC will comply with the 3-phase placement of Halton Region. OSC may implement mandates in addition to provincial/regional requirements as the Club sees fit for the safety of our membership.

Please note that this document is subject to change at any time.



Note: Steps 2 and 3 are tentatively scheduled to start 21 days apart and subject to Government of Ontario assessment and approval. Ontario Soccer will advise membership confirmation of Steps through updated Information Bulletins that will include updates to this Return to Play Guide.

Reference Guide (Steps) - OVERVIEW

	Step 2	Step 3
Completion of Canada Soccer's Return to Soccer Risk Assessment Tool	YES	YES
Organization's own RTP Guide/Plan in alignment to Ontario Soccer's RTP Guide (Clubs/Academies/Leagues)	YES	YES
Safety Field Marshal	RECOMMENDED	TBD
Physical Distancing for Participants	NO	TBD
Equipment disinfecting after each game/practice	YES	TBD
Use of Change rooms	NO	TBD
Indoor Activities Permitted	DAY CAMPS	YES
Outdoor Activities Permitted	YES	YES
League Games or Scrimmages	YES	YES
Travel to other Districts or Regions	YES	YES
Trials/Tryouts/Open Evaluations/Camps	YES	YES

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



Maximum number of Participants (Players, Coaches, Match Officials)	NO RESTRICTIONS	OUTDOOR: NO RESTRICTIONS INDOOR:TBD
Maximum number of Spectators	25% OF FACILITY CAPACITY	TBD
Masks	FIELD: NO BENCH: NO	TBD
Physical Distancing (2m)	ON FIELD: NO ON BENCH: NO Spectators: YES	TBD
Contact Tracing	YES	TBD

*Graphic via Ontario Soccer Return to Play Guide

Current Phase – August 11, 2021

The Province of Ontario is in Step 3 (Continuation of Team Training & League Games)

The Oakville Soccer Club will adhere to the restrictions and procedures as outlined in the Ontario Soccer Return to Play plan, with additional modifications from the municipality, region as well as from the Oakville Soccer Club.

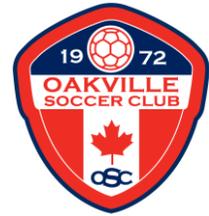
[Click here](#) to view the Ontario Soccer Return to Play Guide and please note the following:

- Team training, game and league play is permitted.
Note: The Government of Ontario has specified that team sport must avoid contact, or be modified to avoid contact. Ontario Soccer wishes to clarify that soccer is considered a non-contact sport and incidental contact (i.e. prolonged contact) will be regulated, as it always would, under the Laws of the Game.

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



- To effectively manage traffic on the field, the Oakville Soccer Club is not permitting spectators in the immediate field area or sidelines. Any spectators viewing from outside the field area must stay distanced.
- Physical distancing should be maintained on the sidelines/bench at all times. Masks are still to be worn while entering and exiting the field area.

Please note that this document is subject to change at any time. Failure to comply with the most current restrictions and guidelines will be subject to disciplinary action from the Club, District, law enforcement or other governing bodies.

ROLES AND RESPONSIBILITIES ON THE FIELD

The following roles and responsibilities are **mandatory** for all staff, coaches, players, parents, guardians, etc.

All participants, coaches, staff and spectators must complete the

[Government of Ontario COVID-19 Self-Assessment](#) before proceeding to an OSC session.

Do not attend training if you or any member of your household are experiencing symptoms of COVID-19. Anyone exhibiting symptoms during the session will be asked to leave immediately and the remainder of the session may be cancelled for all participants.

When screening individuals under the age of 18, you will be asked to use the School/Child Care Screening Tool. If the screening indicates that the individual is not permitted to attend school or child care, they are also not permitted to attend OSC programs, camps, training sessions or games.

Symptoms:

- Fever above 38 degrees Celsius
- A new cough, or worsening chronic cough
- Sore throat
- Runny nose
- Headache
- A new onset of fatigue
- A new onset of muscle pain
- Diarrhea
- Loss of sense of taste
- Loss of sense of smell
- In children, purple markings on the fingers and toes
- Have been in contact with someone with COVID-19 in the last 14 days?
- Has anyone in your household travelled in the past 14 days?

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



FIELD MARSHAL RESPONSIBILITIES

A Field Marshal will be an OSC Staff/Coach/Manager/Volunteer as assigned by OSC/the team and will be responsible for symptom checks and contact tracing for their session.

- Communicate protocols to coaching staff, parents and players when necessary.
- Greet the players at the entrance area to the field zone.
- Take attendance by filling out contact tracing log & complete player health assessment.
- Ensure that all players who enter the field disinfect their hands
- Refuse any player from training if they are showing symptoms of COVID-19 or non-compliance with the Club protocols outlined in this document.
- Submit the contact tracing log & health assessment information to the Club as outlined by OSC
- Ensures that health rules and regulations are respected.
- Ensure parents/guardians respect physical distancing when dropping off/picking up players.

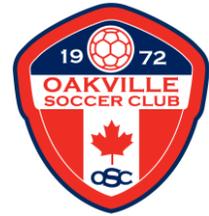
COACH

- Must follow all provincial health guidelines priority is to ensure a safe environment at all times.
- Along with the Technical Department, manage the training content and the layout of the field in line with the applicable zone/phase.
- Manage players to ensure compliance with instructions and social distancing.
- Refuse any player from training if they are showing symptoms of COVID-19 or non-compliance with Club protocols outlined in this document.
- Face masks during field entry/exit is required. Coaches do not have to wear masks during training session but are permitted to do so if they wish.
- Coaches and players must wear masks when sitting on the sidelines
- All coaches must complete the safe sport certification <https://safesport.coach.ca>
- Coaches should wipe down personal and field equipment before and immediately after each session (do not go home and then clean – contaminated items may travel into the home environment).
- Only coaches or field marshals should handle their personal and/or any Club equipment.
- Pinnies are only permitted when contact is allowed (Orange, Yellow, Green) and if supplied by the team. Each player must be given their own pinnie to launder/keep throughout the training program. Home and away kits are encouraged instead of pinnie use.
- Ensure no heading, chest, or hand contact with the ball in appropriate zones (feet only) exceptions for goalkeepers are they wearing gloves.
- In zones where shooting is permitted, goalies must wear gloves. Spitting is not permitted including spitting into goalie gloves.
- Cover your mouth and nose with your arm or a tissue to reduce the spread of germs. Remember if you use a tissue, to dispose of it as soon as possible and wash your hands afterwards. Ensure all discarded materials (tissues, wipes, sock tape etc.) are placed into an approved garbage receptacle.
- Do not spit at any time.
- Avoid touching gates, fences, benches, etc. Option to wear gloves; latex (or similar) gloves– discard after each session, or purchase gloves that can be washed.
- Responsible for the safe exit of players at the end of the session via designated exit point.

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



PLAYER

BEFORE TRAINING

- Arrive no more than 5 minutes prior to the start of your session to ensure safe arrival/departure for all.
- Face masks during field entry/exit is required. Players do not have to wear masks during training session but are permitted to do so if they wish.
- Do not bring/share food or snack items.
- Stay in your designated field space at all times and actively listen to your coach and/or field marshal before, during and after your session.
- Avoid touching gates, fences, benches, etc. Option to wear gloves; latex (or similar) gloves– discard after each session, or purchase gloves that can be washed.
- Do not spit at any time.
- No high fives, handshakes, fist bumps etc.
- Make sure your hands are sanitized before entering the field.
- Make sure all personal equipment is sanitized before/after training.
- Comply with all directions from coaches and Field Marshals.

DURING TRAINING

- Players must wear shin guards at all times during training
- Do not make intentional physical contact with other players (*no handshakes, high fives, etc.*)
- During modified games in premitted zones, limit physical interaction as much as possible
- Avoid touching your face - especially after handling a ball or other equipment. Sanitize your hands immediately if you have touched your eyes, nose, or mouth.
- Do not share personal equipment (soccer ball, water bottles, towels).
- Avoid using your hands directly to pick up the balls. No throw-ins will be practiced.
- Keep your personal belongings in your designated space at all times.
- No headers will be allowed.
- Public water fountains will be closed.
- Cover your mouth and nose with your arm or a tissue to reduce the spread of germs. Remember if you use a tissue, to dispose of it as soon as possible and wash your hands afterwards. Ensure all discarded materials (tissues, wipes, sock tape etc.) are placed into an approved garbage receptacle.
- Do not spit at any time.
- Immediately let your coach know if you are not feeling well during the session.
- **Non-compliance with directions set out in this document will result in a player's immediate removal from the session and the training program without refund. These strict protocols are in place for the safety of all participants; non-compliance will not be tolerated.**

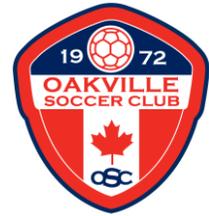
AFTER TRAINING

- Leave the field immediately after your training session at the designated exit point with a mask on.
- Sanitize your hands after coming off the field.

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



- All players should leave the field immediately after training through a designated exit point. No congregating or social activity will be allowed for the safe arrival/departure of all players, parents, guardians, coaches and staff.
- Do not spit at any time.
- Face masks during field entry/exit is required.

PARENTS/GUARDIANS

- Arrive no more than 5 minutes prior to the scheduled session.
- Carpooling with teammates is strongly discouraged.
- For the safety and comfort of all in attendance, spectators (when permitted) are required to wear masks and maintain physical distancing while outdoors. Spectators are not permitted indoors, but if for any reason you are in the facility, a mask must be worn as per municipal by-laws.
- All players must be formally registered in OSC programs in order to participate.
- Parents should utilize the “[Self-Check](#)” on the Province of Ontario website (or on the app) to ensure their child is cleared to play
- Communicate any of your child’s participation concerns to the Club or your Coach prior to committing to Return to Play.
- Communicate to the Club or Coach if your child becomes ill or exhibits any signs/symptoms of COVID-19.
- Ensure child’s personal equipment and clothing is sanitized before/after training.
- Avoid congregating at field entry/exit points for the safe arrival/departure of all.
- Maintain physical distancing at all times during drop off/pick up.
- Remind players to arrive to training dressed and ready, as change rooms will not be available.
- Do not spit at any time.
- Food/Snacks are not permitted.
- Public water fountains will be closed.
- Cover your mouth and nose with your arm or a tissue to reduce the spread of germs. Remember if you use a tissue, to dispose of it as soon as possible and wash your hands afterwards. Ensure all discarded materials (tissues, wipes.) are placed into an approved garbage receptacle.

CONCLUSION

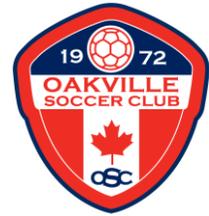
OSC recognizes that there are many social, emotional, and physical benefits that soccer provides for players and we can’t wait to get back on the field. Returning to Play must be done methodically and in a manner that emphasizes the health and welfare of all players, coaches and staff. All players and parents must be aware there may be risks associated with Returning to Play and must understand the transmission routes of COVID-19 - they must assume this risk and liability. As such, all waivers must be agreed to by parents/players before participating in any Return to Play activities. As the global and local situation evolves, the Oakville Soccer Club will move deliberately and with caution, keeping in mind that we are all eager to get back to the game we love.

If anyone has questions at any time please feel free to contact the Club info@oakvillesoccer.ca

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



Appendix A - EMERGENCY ACTION PLAN

PHASES	EMERGENCY ACTION PLAN
DESIGNATED EAP LEAD	<p>In the event a member tests positive for COVID-19, please ensure communication is immediately made to the Club’s EAP Lead</p> <p>Katryna Indewey kindewey@oakvillesoccer.ca 905-869-5385</p> <p>The EAP Lead will immediately communicate with the Board of Directors</p>
COMMUNICATION TO EAP LEAD	<p>The EAP Lead must be immediately contacted when the following occurs:</p> <ul style="list-style-type: none"> • A member tests positive for COVID-19 • A member was exposed to someone within the last 14 days who tested positive for COVID-19
<p>CONFIRMATION OF A POSITIVE CASE</p> <p>NOTIFY LOCAL HEALTH OFFICIALS AND CLOSE CONTACTS</p>	<p>In accordance with privacy and confidentiality laws and regulations, the Club will immediately notify appropriate local health officials, Club staff, team officials and members (families) of any case of COVID-19 while maintaining confidentiality.</p> <p>OSC will use a Contact Tracing Log and a communication plan to notify all close contacts should there be a reported case of COVID-19. This log will be kept on file for a minimum of 6 weeks and used at all OSC activities to trace all members, including pick-up and drop-off.</p>
SYMPTOM MANAGEMENT DURING AN OSC SESSION	<p>A member at any Club activity who EXHIBITS COVID-19 symptoms as per the symptom checklist) must immediately be separated and isolated at the Club’s designated pick-up area. In the event the participant is under 18, a field marshal or staff member will wait with the player following physical distancing rules. A field marshal or coach will contact the family to arrange an immediate pick up. If an ambulance must be called, they must be notified that the person may have COVID-19.</p> <p>Members who had close contact with the person must be separated and sent home as well. Members may not return to training until a negative test result or 14 days after the symptoms have stopped.</p>

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



PHASES

EMERGENCY ACTION PLAN

CLEAN AND DISINFECT	Immediately after symptoms or a sick person has been confirmed, the training area and equipment must be closed off. The area and equipment must be immediately disinfected and safely stored away after for later use. It is to be noted that equipment will be cleaned and disinfected before and after each session.
---------------------	--

*A member is defined as: a player, coach, match official, guardian/parent/spectator, staff member or board member.

Appendix B - Contact Tracing Log

The information on this document will be collected to assist in the management of the COVID-19 pandemic. This information will be kept secure and will be provided to Ontario Health Services if required. The Club will not use this information for any other purpose and will destroy this record after six weeks.

OAKVILLE SOCCER CLUB - Contact Tracing Log						
Field Location			Date			
Player Full Name	Email Address	Phone Number	Health Assessment Completed Y/N	Time In	Time Out	

OAKVILLE SOCCER CLUB

RETURN TO PLAY PLAN

2021 – PROVINCIAL FRAMEWORK



RESOURCES

[Public Health Ontario – COVID-19 Contact Tracing Resources](#)

[Ontario Soccer Return to Play Guide](#)

Return to Play Waivers: [Declaration of Compliance](#), [Informed Risk and Assumption of Risk Agreement \(Under the Age of Majority\)](#), [Release of Liability](#)

[How to wash your hands \(child focused\)](#)

[How to clean your hands with soap and water or alcohol-based hand rub](#)

[Keep your family healthy](#)

[Cleaning and disinfecting public spaces](#)

[Non-medical masks and face coverings](#)

[How to self-monitor](#)